



**PREMIER HEALTH CONSULTANTS
OF NORTHERN VIRGINIA**

Premium Care. Personal touch.

PREMIER HEALTH CONSULTANTS OF NORTHERN VIRGINIA

Dr. Kavita Namjoshi M.D.

Ph: (703) 662-3359

Fax: (703) 956-1307

1860 Town Center Dr, Suite 260
Reston, VA 20190

24430 Stone Springs Blvd, Suite 500
Dulles, VA 20166

New Patient Registration Form

Date: ____/____/____

PATIENT INFORMATION:

Last Name: _____ First Name: _____ Middle: _____

Mailing Address _____ City _____ State _____ Zip _____

Phone Number: Cell _____ Home _____ Work _____

_____ ☐ ☐

Date of Birth: ____/____/____ Gender: M F Social Security#: _____

Marital Status: ☐ S ☐ M ☐ W ☐ D

Race/Ethnicity:

☐ White (non-Hispanic)

☐ Black (non-Hispanic)

☐ Hispanic

☐ Asian/Asian-American/Pacific

☐ American Indian or

☐ Other/Unknown

Islander

Alaska Native

Preferred Language: _____ Email address: _____

PATIENT EMPLOYER INFORMATION:

Name of Company: _____

Street Address: _____

City: _____ State _____ Zip _____

PRIMARY INSURANCE INFORMATION

Name Of Insurance Company _____ Phone _____

ID/Subsriber Number _____ Group Number _____

Subscriber Name _____ Relationship To Patient _____

Subsriber SSN _____ - _____ - _____ Subscriber DOB ____/____/____ Subscriber Gender M F O ☐ ☐ ☐

SECONDARY INSURANCE INFORMATION (if applicable)

Name Of Insurance Company _____ Phone _____

ID/Subsriber Number _____ Group Number _____

Subscriber Name _____ Relationship To Patient _____

Subsriber SSN _____ - _____ - _____ Subscriber DOB ____/____/____ Subscriber Gender M F O ☐ ☐ ☐

EMERGENCY CONTACT INFORMATION

Contact 1:

Name/Relationship _____ Phone _____

Alternate Contact:

Name/Relationship _____ Phone _____

REFERRAL SOURCE (if applicable) – Who can we thank for the referral?

☐ Internet _____ ☐ Physician _____
☐ Family/Friend _____ ☐ Other _____

OTHER INFORMATION

- Do you have an Advance Medical Directive? ☐ Yes ☐ No
- If yes, please provide a copy for our record; If No, please ask for information.
- May we contact you to confirm your appointment? ☐ Yes ☐ No
- If yes, please indicate preferred Means of Contact and circle 1-2-3 in order of priority
- Telephone _____ Email Address _____ Text _____
- Is it okay to leave a Message on your voice mail reminding you of your appointment? ☐ Yes ☐ No

ASSIGNMENT OF BENEFITS AND AUTHORIZATION TO RELEASE MEDICAL INFORMATION

I hereby assign all medical and/or surgical benefits, to include major medical benefits to which I am entitled, including Medicare, private insurance, and any other health plan to: Premier Health Consultants of Northern Virginia Inc. This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as the original. I understand that I am financially responsible for all charges whether or not paid by said insurance within 45 days. Should it become necessary to turn my account over to an outside collection agency I will be responsible for collection cost, attorney fees, litigation fees and court costs. I hereby authorize Premier Health Consultants of Northern Virginia Inc. and its employees and agents, to release all information, reports and records if necessary to secure the payment of my account, including a discussion of my medical condition, to the insurance provider, rehabilitation provider, employer, hospitals, and doctors.

I certify that the information provided above is complete and accurate to the best of my knowledge.

Signature of Patient or Patient Representative

Date

Name (Please Type)



NEW PATIENT MEDICAL HISTORY FORM

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ALLERGIES ☐ NO ALLERGIES

ALLERGY	ALLERGIC REACTION

MEDICATIONS

MEDICATIONS (Please list ALL)	DOSE (mg., pill, etc.)	TIMES PER DAY

***Please use last page to list additional medications

PHARMACY OF CHOICE

Pharmacy: _____	
Address: _____	City: _____
State: _____	Zip Code: _____



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PERSONAL MEDICAL HISTORY

✓ **CHECK ALL THAT APPLY**

DISEASE/CONDITION	CURRENT	PAST	COMMENTS
Anemia/Bleeding Disorder			
Asthma/COPD (<i>specify</i>)			
Arthritis (<i>specify</i>)			
Cancer (<i>type: _____</i>)			
Depression/Anxiety/Bipolar/Suicidal (<i>specify</i>)			
Diabetes (<i>type: _____</i>)			
Irregular Heartbeat / A FIB			
Heart Attack/Angina/Cardiac Stent			
High Blood Pressure (<i>hypertension</i>)			
High Cholesterol			
Thyroid Disease/Adrenal Disease (<i>specify</i>)			
Renal (kidney) Disease			
Peptic Ulcer/GERD/Colitis (<i>specify</i>)			
Stroke/TIA (ministroke)			
Headache/Migraine (<i>specify</i>)			
Epilepsy			
Glaucoma			
Gout			
HIV			
Pneumonia/Tuberculosis (<i>specify</i>)			
Others: _____ <i>Please use last page to list additional diagnoses</i>			



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SURGERIES

TYPE (specify location)	DATE	LOCATION/FACILITY

***Please use last page to list additional surgeries

FAMILY MEDICAL HISTORY ☐ NO SIGNIFICANT FAMILY HISTORY IS KNOWN

✓ CHECK ALL THAT APPLY

FAMILY MEMBER	Alive	Deceased	Alcohol/Drug Abuse (specify)	Asthma	Cancer (type: _____)	Emphysema (COPD)	Depression/Anxiety	Bipolar/Suicidal (specify)	Diabetes	Early/Sudden Death	Heart Disease	High Cholesterol	High Blood Pressure	Kidney Disease	Stroke	Thyroid Disease	Migraines	Other: _____
Mother																		
Father																		
Brother																		
Sister																		
Child																		
MGM																		
MGF																		
PGM																		
PGF																		
Other:																		

Family Member:

Cancer Type:



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VACCINATION HISTORY

Last Tetanus Booster or Tdap: _____	Last Pneumovax (<i>Pneumonia</i>): _____
Last Flu Vaccine: _____	Last Prevnar: _____
Last Zoster Vaccine (<i>Shingles</i>): _____	COVID-19 Vaccine (<i>Brand</i>) : 1st Dose (date) _____ 2nd Dose (date) _____

HEALTH MAINTENANCE SCREENING TEST HISTORY

CHOLESTEROL	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
COLONOSCOPY/SIGMOID	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
MAMMOGRAM	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
PAP SMEAR	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
PROSTATE EXAM	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
BONE DENSITY SCAN	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>
EYE EXAM	Date: _____	Facility/Provider: _____	Abnormal Result? Y <input type="checkbox"/> N <input type="checkbox"/>

WOMEN'S HEALTH HISTORY

Date of Last Menstrual Cycle: _____	Age of first menstruation: _____ Age of Menopause: _____
Frequency (days, i.e., 3-5 days) : _____	Menses monthly? (yes/no) _____
Total number of pregnancies: _____	Number of Live Births: _____
Multiple births (twins, triplets, etc.) _____	Pregnancy complications: _____



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OTHER PROVIDERS/SPECIALISTS

SPECIALIST	NAME	LAST VISIT
CARDIOLOGIST		
ENT		
GASTROENTEROLOGST (GI)		
NEUROLOGIST		
OB/GYN		
OPHTHALMOLOGIST		
PULMONOLOGIST		
SURGEON (<i>specify</i>)		
UROLOGIST		
PRIMARY CARE PHYSICIAN (<i>specify if current/past</i>)		
OTHERS: (<i>specify</i>)		
OTHERS: (<i>specify</i>)		
OTHERS: (<i>specify</i>)		

SOCIAL HISTORY

Tobacco/Cigarettes	<input type="checkbox"/> Current user <input type="checkbox"/> Former user <input type="checkbox"/> Never used	Last date used: _____	Daily usage: _____ <input type="checkbox"/> Sticks <input type="checkbox"/> Packs	Number of years used: _____
<input type="checkbox"/> Beer <input type="checkbox"/> Wine <input type="checkbox"/> Hard Liquor <input type="checkbox"/> No alcohol usage	<input type="checkbox"/> Social <input type="checkbox"/> Occasional <input type="checkbox"/> Light <input type="checkbox"/> Heavy	Last date used: _____	#of drinks per week: _____	Packaging: <input type="checkbox"/> Glass <input type="checkbox"/> Bottle <input type="checkbox"/> Can
Have you ever used any illegal or street drugs? _____ If yes, what type: _____ Last used: _____				

Education-Occupation

Occupation/Job Title <i>(or prior occupation)</i> : _____	<input type="checkbox"/> Retired <input type="checkbox"/> Unemployed <input type="checkbox"/> LOA <input type="checkbox"/> Disabled
Employer: _____	If employed, do yo work in the night shift? _____
Have you served in the military? <input type="checkbox"/> Y <input type="checkbox"/> N	If yes, how long and what branch? _____
Were you deployed? <input type="checkbox"/> Y <input type="checkbox"/> N	If yes, where? _____
Service status: _____	

Habits-Lifestyle

What is your type of diet? _____		Is there a reason for you particular diet? If yes, specify: _____
Do you exercise regularly? <input type="checkbox"/> Y <input type="checkbox"/> N	What kind of exercise? _____	Duration: _____(min) How often: _____
How many hours do you sleep at night? _____		Do you have problems sleeping? <input type="checkbox"/> Y <input type="checkbox"/> N
When was your last eye exam? _____		Do you wear corrective lenses? <input type="checkbox"/> Y <input type="checkbox"/> N
When was your last hearing test? _____		Do you use an assistive listening device? <input type="checkbox"/> Y <input type="checkbox"/> N
Have you recently traveled outside of the country in the last 30 days? <input type="checkbox"/> Y <input type="checkbox"/> N		Have you had any life changes in the last year? If yes, please specify: _____

Household - Sexual Activity

Marital Status: _____		Do you have children? <input type="checkbox"/> Y <input type="checkbox"/> N How many? _____
Lives with: _____		
Sexually involved currently? <input type="checkbox"/> Y <input type="checkbox"/> N	Sexual Partner(s) is/are/have been: <input type="checkbox"/> Male <input type="checkbox"/> Female	
Pregnancy Prevention: <input type="checkbox"/> None <input type="checkbox"/> Condom <input type="checkbox"/> Pill/Ring/Patch/Inj/IUD <input type="checkbox"/> Vasectomy		
Have you ever been diagnosed with a sexually transmitted infection? <input type="checkbox"/> Y <input type="checkbox"/> N		If yes, what infection? _____



REVIEW OF SYSTEMS ✓ CHECK ALL THAT APPLY

CONSTITUTION		CARDIOVASCULAR		SKIN	
	Activity change		Chest pain		Color change
	Appetite change		Leg swelling		Pallor
	Chills		Palpitations		Rash
	Diaphoresis	Gastrointestinal			Wound
	Fatigue		Abdominal distention	ALLERGY/IMMUNO	
	Fever		Abdominal pain		Environmental allergies
	Unexpected weight change		Anal bleeding		Food allergies
HEAD, EAR, NOSE & THROAT			Blood in stool		Immunocompromised
	Congestion		Constipation	NEUROLOGICAL	
	Dental problem		Diarrhea		Dizziness
	Drooling		Nausea		Facial asymmetry
	Ear discharge		Rectal pain		Headaches
	Ear pain		Vomiting		Light-headedness
	Facial swelling	ENDOCRINE			Numbness
	Hearing loss		Cold intolerance		Seizures
	Mouth sores		Heat intolerance		Speech difficulty
	Nosebleeds		Polydipsia		Syncope
	Postnasal drip		Polyphagia		Tremors
	Rhinorrhea		Polyuria		Weakness
	Sinus pressure	Genitourinary		HEMATOLOGIC	
	Sneezing		Difficulty urinating		Adenopathy
	Sore throat		Dysuria		Bruises / bleeds easily
	Tinnitus		Enuresis	PSYCHIATRIC	
	Trouble swallowing		Flank pain		Agitation
	Voice change		Frequency		Behavior problem
EYES			Genital sore		Confusion
	Eye discharge		Hematuria		Decreased concentration
	Eye itching		Penile discharge		Dysphoric mood
	Eye pain		Penile pain		Hallucinations
	Eye redness		Penile swelling		Hyperactive
	Photophobia		Scrotal swelling		Nervous / anxious
	Visual disturbance		Testicular pain		Self-injury
RESPIRATORY			Urgency		Sleep disturbance
	Apnea		Urine decreased		Suicidal ideas
	Chest tightness	MUSCULAR			
	Choking		Arthralgias		
	Cough		Back pain		
	Shortness of breath		Gait problems		
	Strider		Joint swelling		
	Wheezing		Myalgias		
			Neck pain		
			Neck stiffness		

Patient Name: _____

DOB: _____



ADDITIONAL MEDICAL HISTORY

DISEASE/CONDITION	CURRENT	PAST	COMMENTS

ADDITIONAL MEDICATIONS

MEDICATIONS	DOSE	TIMES PER DAY

ADDITIONAL SURGICAL HISTORY

TYPE (specify left/right)	DATE	LOCATION/FACILITY

ADDITIONAL IMMUNIZATIONS

ADDITIONAL ALLERGIES

ALLERGY	ALLERGIC REACTION

Patient Name:

DOB